

Redefined – Week 1: "The Good Life" Message Discussion Guide April 7, 2024

Icebreaker: Share with your group what you believed was the "Good Life" when you were younger? What did you dream of for your future?

Key Scripture: Matthew 5:1-8. Acts 15:8-9. John 6:66

1. Read Matthew 5:1-8. The disciples and the others who would have heard this message believed the Good Life belonged to the rich and powerful. Many of us are a lot like them today. Jesus was teaching them that God's people lived by a different definition of the Good Life. Talk together about how you interpret Jesus' definition of success.

2. Matthew 5:3. We hear "poor in spirit" defined as our spirit being impoverished. How do you understand "poor in spirit" or impoverished? How does it feel to think of your spirit being impoverished? How can admitting you are powerless over something actually help you to find freedom?

3. Matthew 5:4. Do you think it is true that if you've never experienced any pain or suffering, you haven't experienced the fullness of God's ability to be with you in a powerful way? What has your experience been with experiencing God's comfort during a time of mourning?

4. Read Acts 15:8-9 and Matthew 5:8. Both passages teach us that when our hearts are <u>purified</u> by God, we shall see the face of God. We then shall know and see God in our lives. Why do you think it's so hard to turn from the culture's lures and seek the peace that Jesus offers through this sermon? Have you given your heart to Jesus? Have you "decided" to live your earthly life by *his* kingdom teachings? (The Sermon on the Mount)

5. Each of the beatitudes come with different rewards. Look at each one and discuss how each of those "rewards" would make the follower of Jesus richer. When you put them all together in a believer, how might they add up to the Good Life?

Prayer: Dear God, over the next 10 weeks, I ask you to prepare my mind and soul for what you want me to learn about the Good Life. Purify my heart by faith. As I grow and learn, speak to me so that I may boldly live out these truths. It's by the power of the Holy Spirit I pray. Amen.