



## Hey God • I'm Ready to Serve • Week 6

### ICEBREAKER

If you could instantly acquire one new skill overnight, what would it be and why?

### KEY SCRIPTURE

**Psalm 34**

### NOTE:

This is a time of elevated emotions and stress. Please refrain from political conversations during your group discussion time. This doesn't mean you have to pretend like current events aren't happening, but use discernment and wisdom. Political conversations tend to get heated and derail the conversation, shift the focus away from God, and make it harder for us to love one another.

### DISCUSSION QUESTIONS

1. In the message, Pastor Marcus said, "There are times that I have forgotten what God has done for me and in me. I get caught up in the crisis and forget God's provision." This seems to be a human tendency for all of us, and we can see it happen in people all throughout Scripture! Pastor Marcus recommended journaling as a way of remembering God's provision – what are some other tools or practices that have helped you or might be good to try?
2. Romans 8:28 is often quoted on its own. Read Romans 8:26-27. What is the significance of these verses during a time like the one we're currently experiencing? How do they change or deepen your understanding of Romans 8:28?
3. Pastor Marcus spoke of the difference between positive affirmations and biblical affirmations. There are times when we need positive affirmations about ourselves and our capabilities, but what might be the result of increasing our intake of affirmations about who God is, and who we are in Christ, over and above other kinds of positive affirmations? Can you think of a practical way to increase your own diet of God affirmations?
4. Many of us have been in "survival mode" during this time as we figured out how to keep ourselves and our loved ones safe, healthy, learning, fed, etc. We don't know what the weeks and months ahead will look like, but what do you think will help us to turn our attention towards others and find ways to serve and help wherever we're needed? What are some things that might keep us stuck in survival mode and focused on ourselves instead?
5. We have been in the Psalms for six weeks now. What has our journey through different types of psalms taught us about dealing with our emotions during hard times? As you think about the Psalms, messages, and conversations from these weeks, what is one thing you will take away, or try to remember?

### PRAYER

Pray for any specific requests people have, and for each person in the church to be open to letting God use us to serve others.

### CHALLENGE

Read through each of these verses: Romans 8:31, Mark 11:24, Philippians 1:6, Deuteronomy 20:4, 2 Timothy 1:7. Choose one of them to write on a note card, and place it somewhere you will see it every day, or even try to memorize it if you're able.