



# ELEMENTARY SEXUAL INTEGRITY

## CONVERSATION GUIDE FOR PARENTS

YOUR KID IS GROWING FAST and learning new information every day. They have questions about things you've forgotten - like fractions! They have questions about things you don't remember every knowing - like state capitols. But the hardest questions they ask may be questions about the thing that put them on this planet to begin with. Don't Panic! The conversations will get more complicated as they get older, but for now it's basic (even if it does feel awkward at times). During this phase, your role is to INFORM:

### WHAT **TO** SAY:

"I'm so glad you asked me."

"Thank you for talking to me about that." (*Encourage conversation through your words, tone, and body language.*)

"Sex is..." (Check out the resources like *How God Makes Babies* by Jim Burns to help you talk about sex and where babies come from.)

In later elementary, you can begin discussion on such topics as body odor, how boys and girls bodies will change in the coming years. Encourage them to ask any questions regarding changes they are seeing.

"Your body belongs to you. Don't let anyone touch you in private places." (*Talk about boundaries.*)

"Sex is meant to be private. It is something beautiful that happens between a husband and wife."

"Sex is not something we watch or look at or talk about in disrespectful ways. It dishonors how God created it to be." (*Lay a foundation for conversation regarding pornography and digital content. Protect Young Eyes is a great resource at [protectyoungeyes.com](http://protectyoungeyes.com).*)

"Do you hear your friends talking about sex or using disrespectful language about boys or girls? How does it make you feel?" (*Refine the vocabulary and promote respect for each other.*)

"You are beautiful/handsome. God make you perfect just the way you are." (*Redefine beauty and modesty.*)

### WHAT **NOT** TO SAY:

"The stork delivers babies." (*Be honest and appropriately accurate.*)

"We'll talk about that when you're older."

"Sex is kind of like when a butterfly lands on a flower in the early spring." (If you want them to understand, you need to just say what you mean.)

Nothing.

Make sure and involve professional counselors as needed, as well as your ministry leaders.

### **JUST REMEMBER:**

HONOR their questions with appropriately forthright answers. You capture their heart when you help them learn with concrete examples, so be simple and direct. Encourage the conversation, but don't force it! You want this conversation to keep going!

**SEXUAL INTEGRITY:** Guarding my potential for intimacy through appropriate boundaries and mutual respect.