

ALL-CHURCH STUDY GUIDE

October 31, 2021

Week 4: I am Equipped ... because He called me into the church

PRAY

Ask for ears to hear, eyes to see, and a heart open to the truths that God will speak to you through your time together today.

ICEBREAKER

(Catch-up Time)

Talk about your experience with last week's action step. How did it go? What was it like to get the text reminder, or to send it?

READ

Ephesians 4:17-32 (NIV)

WATCH

Play the video for week 4 now. (You will be prompted twice to pause the video and discuss some questions!)

PRAYER TIME

Pray that God will help each one of you practice the "new self" behaviors and give you opportunities to do so, and pray for any personal requests.

ACTION STEP

It's clear that God didn't mean for us to navigate the challenging journey of life with Christ on our own. He gave us an extraordinary gift in the Church. But the church itself can have a lot of ups and downs because it's made up of and led by people, each on a journey of their own. Take some time this week to reflect on where you're at with church in this season. Do people know you? Do you know them? Have you fully embraced the gift of the church in your life or are there still some areas you've left untouched?

DISCUSSION

Pause & Discuss (1)

1. If you grew up in church, were you encouraged to ask questions? If you were, or you weren't, how do you think that impacted your faith journey?
2. If you didn't grow up in church—do you feel comfortable asking questions now? Why or why not?

Resume the video

Pause & Discuss (2)

Old Self Behaviors

Telling lies
Anger that causes you to sin
Stealing
Unwholesome talk
Bitterness
Rage, anger, and fighting
Slander and malice

New Self Behaviors

Telling the truth
Managing our anger
Finding work so you can give
Talk that builds others up
Kindness
Compassion/tenderheartedness
Forgiveness

3. Which of the "new self" behaviors do you struggle to put on most? (This is a vulnerable question—be as open as you can!)
4. What kind of impact could living out the "new self" behaviors have in places and situations where the "old self" behaviors are the norm? How would they be received?

Resume the video

AFTER THE VIDEO

5. Talk about this concept of practicing the ways of Jesus. Does it shift the way you think about church, or even this group? Is it going to require you to do anything differently in your approach to church?