

cornerstonechurch



SPIRITUAL
FORMATION
AT CORNERSTONE

SPIRITUAL FORMATION

is a process of being formed in the image of
Christ for the sake of others.

As we are formed, we discover how we are uniquely
created in the image of God and we uncover
God's call for us in the world.

"But whenever anyone turns to the Lord, the veil is taken
away. Now the Lord is the Spirit, and where the Spirit of
the Lord is, there is freedom. And we all, who with
unveiled faces contemplate the Lord's glory, are being
transformed into his image with ever-increasing glory,
which comes from the Lord, who is the Spirit."

2 Cor. 3:16-18

THE FRAMEWORK

At Cornerstone, we believe that spiritual formation is a lifelong journey moving us closer to Christ. This journey includes our [head](#), [heart](#), [hands](#) and [feet](#) as we seek both personal transformation and community within the Family of God.



This Framework (above) shows us, in a visual way, how each area intersects to help us lead an integrated life so that we may walk fully and wholly as followers of Jesus.

Your journey will ebb and flow through and within these parts of yourself as you discover more of Him and who He created you to be. This transforming work includes both your personal and relational life.

THE PROCESS

We receive transformation as we train our souls spiritually to live and love as Jesus did.

Relational Formation

Worship
Community Groups
Life Groups
Support Groups

Personal Formation

Soul Training
Classes & Studies
Serving

Holy Spirit



Following Jesus is more than spending your Sunday mornings at church and more than knowing where you'll go when you die. Following Jesus is about learning to know and love God and letting God's love transform you. This learning and growing is spiritual formation.

We believe this transformation happens both personally and relationally through **our head, heart, hands and feet**, empowered by Holy Spirit, to become more like Jesus.



"'The Lord our God is the one and only Lord. And you must love the Lord your God with all your **heart**, all your **soul**, all your **mind**, and all your **strength**.' The second is equally important: '**Love your neighbor** as yourself.'"

Mark 12:29-31



"Therefore, **go and make disciples** of all the nations, **baptizing** them in the name of the Father and the Son and the Holy Spirit. **Teach** these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age."

Matthew 28:19-20



RELATIONAL FORMATION

Life Groups

Support Groups

Community Groups

Worship



Life Groups are small groups of people who get together about once a week for a discussion and study. You can meet anywhere – the idea is to have a group of people you get comfortable with so you can ask questions, get real, connect with Jesus, and you know... do life! Contact BarbF@cornerstonemi.org to get connected!



Support Groups are peer-led support communities. We believe there is a strong correlation between mental, physical and spiritual wellness. Peer support is not professional therapy, but a group of leaders who have a heart for those who are hurting. Our Groups for anyone in West Michigan who could use some support. You can find a full list of all we offer on our website under Care.



Regardless of where you are on your journey, we have a safe space for you to learn, share, and build relationships with other women. You can find all the opportunities on the Cornerstone website and on Facebook: [@cornerstonemiBeLoved](https://www.facebook.com/cornerstonemiBeLoved).



We want to help you discover your passion and calling as a brother in Christ. Regardless of where you are on your spiritual journey, men's groups and events are safe places to learn, share, and connect. You can find all the info on the website or on Facebook: [@mensministryatcornerstone](https://www.facebook.com/mensministryatcornerstone).

Growth happens best in
the context of community.

COMMUNITY GROUPS



At Cornerstone, Community Groups are authentic, open groups that gather consistently for a variety of opportunities such as; events, monthly gatherings, studies, and more with a focus on growing your relationship with Christ and community connection.

The Haven is designed with the young adult community in mind. It is a place for those ranging in age from 18-29 to come together for discussion, laughter and connection. Follow us on Facebook (@havencornerstone) or Instagram (@havencornerstone) to get all the info and updates.



Single and over 40? There are a lot of us out here! Fusion offers special events throughout the year as well as monthly gatherings.

For the latest updates, find us on Facebook: @Cornerstoneadultsingles.



We are a community of adults 60-years and over doing life together. Connecting with this group will put you on the SALT newsletter mailing list (as opposed to the larger Cornerstone newsletter) so that you can stay up with all that is happening! If you are looking for a life group, study, class, activity group, or other events, we'd love to have you join us!

PERSONAL FORMATION

Soul Training

Classes & Studies

Serving



soul training

Soul training, sometimes called spiritual disciplines, is the act of pursuing spiritual practices to grow our relationship with God. Just as an athlete trains to improve their athletic ability, we can train to improve our spiritual connection with God. This is a personal journey to discover all that God has for you.



Spiritual Practices

We train by practicing different ways to connect to God and listen to his voice. Silence, solitude, fasting, giving, and scripture reading are all ways we can connect in a deeper way with God.



Bible Reading Plan

We know that the more you read His Word, the more you discover of God and His heart but it can be hard to know where to start. To help you, we offer a daily Bible Reading Plan to guide you in connection with the weekly message. This is available on the app, website, and through the newsletter.



prayer

Prayer is simply a conversation with God, perhaps thanking him, asking him for guidance, or praying for other people. As we connect more deeply with God, we may confess sin as well as sense his delight in us.



counseling & care

As we do the work of inner transformation with God, there may be times when we need help. Whether through counseling or a Stephen's Minister (1-on-1 care), we are here to walk with you. You can find more info on the website under Care.



Spiritual formation is a personal journey that requires investment and commitment.

CLASSES & STUDIES



Our spiritual journey offers us so many things to learn, from Bible Studies to Emotionally Healthy Spirituality. We want to help you discover more about God's Word, find healing and learn more about your faith journey. We offer opportunities each semester. You can find our current options on the website under the Explore tab/classes.

SERVING: NEAR OR FAR



As you grow, Jesus will change the way you live! Serving others becomes a way to be the hands and feet of Jesus and show his love to others. Serving also connects you to others serving in those areas building community. You can find ways to serve both within the church, our community, and around the world on our website Serve pages.

NEXT GEN MINISTRIES



Spiritual formation isn't just for adults! At Cornerstone, it is our desire to come alongside your family and partner with you as you raise your kids to know Jesus and make Him known.

Our kids and student ministries are a part of Next Generation Ministries. For all that's going on in this area, be sure to check out our website and connect to the Social Media pages these ministries offer.



CornerKids is a place for kids, infants - 5th Grade, to worship God and be encouraged to grow in their relationship with Jesus Christ. We create an environment that's engaging and safe! Kids experience God's love for them, and they're cared for in small groups.

For 4th & 5th Grade, we have a program called 4/5 Preteens. To find out the specific times for each campus, just check the website.

To follow all that's going on, join our Facebook Group:
[@Cornerkids@cornerstonechurch](#).

Even though Cornerstone Student Ministries (CSM) meets at all 3 locations, we are one church—and that's something we help our middle and high school students keep in mind as we go through our ministry year.

We offer the same foundational teaching at all three campuses, but we also incorporate some site-specific events that students from any campus are encouraged to attend. Student Ministry mission trips, retreats, and camps are offered to all of our students.

To stay up with all that's going on, join our Facebook Group:
[@CSMMiddleSchoolParents](#)
[@CSMHighSchoolParents](#)

RESOURCES

We are here to help you with your next right step!

You can find all the current opportunities, Bible plans, and places to serve on the Church Website: cornerstonemi.org

To contact the Adult Spiritual Formation Team

Overall Info, Men's and Haven Ministry:
BetsyM@cornerstonemi.org

Classes/Studies, Fusion & Women's Ministry:
MandyF@cornerstonemi.org

Life Groups & S.A.L.T Ministry:
BarbF@cornerstonemi.org

Support Groups, Counseling & Prayer:
RhoniK@cornerstonemi.org

Care Ministries:
SarahS@cornerstonemi.org

To Contact the Next Gen Team:

Overall Info and Kids Ministry:
BethannF@cornerstonemi.org

Student Ministry:
ChrisG@cornerstonemi.org

For information on Membership: MandyF@cornerstonemi.org

For information on Baptism: BetsyM@cornerstonemi.org.

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